

POOL TIMETABLE

7th September – 22nd December 2026

Subject
To
Change

Public Session Times

All sessions 50 minutes, unless otherwise stated

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY	10am	2 – 2.40pm		6pm
TUESDAY	10am	1pm		6pm
	Aqua Aerobics 11am	2pm		8 – 8.40pm
WEDNESDAY	10am	1pm		Aqua Aerobics 8pm
	11am	2 – 2.40pm Inclusive Session		
THURSDAY	10am	1pm		6pm
	11am	2 – 2.40pm		8 – 8.40pm
FRIDAY	Aqua Aerobics 10am	1pm		
	11am			
SATURDAY		1pm	2 – 2.40pm	

Lane Swimming Times

All sessions 55 minutes, unless otherwise stated

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY				7pm
TUESDAY		12pm		Swim Fit 7pm
WEDNESDAY		12pm		
THURSDAY		12pm		7pm
FRIDAY		12pm		
SATURDAY			3 – 3.40pm	



William Street
City Baths

William Street
Derry, BT48 9AD
T: (028) 7126 4459

www.derrystrabane.com/leisure

HEALTH SUITE TIMETABLE

7th September – 22nd December 2026

Subject
To
Change

Health Suite Session Times

All sessions 50 minutes, unless otherwise stated

DAY	MORNING	AFTERNOON	EVENING
MONDAY	10am	2 – 2.40pm	6pm
			7pm
TUESDAY	10am	12pm	6pm
		1pm	
		2 – 2.40pm	
WEDNESDAY	10am	12pm	
	11am	1pm	
		2 – 2.40pm	
THURSDAY	10am	12pm	6pm
	11am	1pm	7pm
		2 – 2.40pm	
FRIDAY	11am	12pm	
		1 – 1.40pm	
SATURDAY		1pm	
		2pm	
		3 – 3.40pm	



The Health Suite is for persons aged 16 years and over



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