**A poster for a marathon

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**Waterside Half Marathon – Relay Team Instructions**

**Sunday 7th September 2025**

Thank you for registering for the Waterside Half Marathon Relay. We’re delighted to welcome your team to this year’s event and wish you every success.

Relay teams will follow the **same route and event schedule** as the main race participants, but with some additional relay-specific details listed below.

**Relay Team-Specific Instructions**

1. **Start Time:** Relay teams start with Wave 2 of the main race at **9.30am**.
2. **Numbers:** Relay race numbers (e.g., 1A, 1B, 1C) must be worn on the front of the vest.
3. **Running Order:** First runner wears A, second wears B, third wears C.
4. **Chip Timing:** Chips are in bib A (first runner) and bib C (final runner). These must be worn in correct order for times to be recorded.
5. **Leg Distances:** Approx. 4 miles, 4 miles, 5.1 miles.
6. **Changeovers:** Runners must **touch hands** at changeover points:
   * Leg 1 → Leg 2: **Mile 4 – Waterfoot Park (Greenway)**
   * Leg 2 → Leg 3: **Mile 8 – A2 Clooney Road (Gransha Road Back Entrance)**
7. **Transport to Changeovers:**
   * Leg 2 (B) bus leaves Foyle Arena 9.10am sharp.
   * Leg 3 (C) bus leaves Foyle Arena 9.40am sharp.
   * Leg 1 last pick-up from Waterfoot Park 10.45am sharp.
   * Leg 2 last pick-up from Judges Road changeover 11.45am sharp.
8. **Team Finish Option:** Legs 1 and 2 can join Leg 3 after the Peace Bridge to finish together.
9. **Showers:** Available at Foyle Arena post-race.

Enjoy your run, have a great day, and good luck for the rest of the season!