POOL TIMETABLE

30th June – 31st August 2025



Public Session Times

All sessions 50 minutes, unless otherwise stated

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY	10am		2pm	6pm
	11am		3pm	8 – 8.40pm
TUESDAY	10am	1pm	2pm	6pm
	11am		3pm	8 – 8.40pm
WEDNESDAY	10am	1pm	3pm Inclusive Session	8 – 8.40pm
	11am	2pm		
THURSDAY	10am	1pm	2pm	6pm
	11am		3pm	8 – 8.40pm
FRIDAY	10am	1pm		6pm
	11am			7pm
SATURDAY	10am	12pm	2pm	
	11am	1pm		

Lane Swimming Times

All sessions 55 minutes, unless otherwise stated

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY				7pm
TUESDAY		12pm		7pm Swim Fit
WEDNESDAY		12pm		7 – 7.50pm
THURSDAY		12pm		7pm
FRIDAY		12pm		8 – 8.40pm
SATURDAY			3 – 3.40pm	