

# POOL TIMETABLE

20<sup>th</sup> July – 30<sup>th</sup> August 2026

Subject  
To  
Change

## Public Session Times

All sessions 50 minutes, unless otherwise stated

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY	Aqua Aerobics 10am		3pm	6pm
		2 – 2.40pm	4pm	8 – 8.40pm
TUESDAY	10am	1pm	3pm	6pm
	11am		4pm	8 – 8.40pm
WEDNESDAY	10am	1pm	3pm	6pm
	11am		4pm	Aqua Aerobics 8pm
THURSDAY	10am	1pm	3pm	6pm
	11am	2 – 2.40pm	4pm	8 – 8.40pm
FRIDAY	Aqua Aerobics 10am	1pm		6pm
	11am			7pm
SATURDAY	10am	1pm	2 – 2.40pm	
	11am			

Reduced  
Capacity

2 – 2.40pm  
Inclusive Session

## Lane Swimming Times

All sessions 55 minutes, unless otherwise stated

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY				7pm
TUESDAY		12pm		Swim Fit 7pm
WEDNESDAY		12pm		
THURSDAY		12pm		7pm
FRIDAY		12pm		8 – 8.40pm
SATURDAY			3 – 3.40pm	



**William Street**  
City Baths

William Street  
Derry, BT48 9AD  
T: (028) 7126 4459

[www.derrystrabane.com/leisure](http://www.derrystrabane.com/leisure)

# HEALTH SUITE TIMETABLE

20<sup>th</sup> July – 30<sup>th</sup> August 2026

Subject  
To  
Change

## Health Suite Session Times

All sessions 50 minutes, unless otherwise stated

DAY	MORNING	AFTERNOON	EVENING
MONDAY		2 – 2.40pm	6pm
		3pm	
		4pm	7pm
TUESDAY	10am	12pm	4pm
	11am	1pm	6pm
		3pm	
WEDNESDAY	10am	12pm	
	11am	1pm	6pm
		2 – 2.40pm	
THURSDAY	10am	12pm	
	11am	1pm	4pm
		2 – 2.40pm	6pm
FRIDAY	11am	12pm	6pm
		1pm	7pm
SATURDAY	10am	1pm	
	11am	2 – 2.40pm	
		3 – 3.40pm	

16+

The Health Suite is for persons aged 16 years and over



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