

POOL TIMETABLE September 2025

Timetable subject to change

Main Pool **Public Swimming**

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY	6:30am-8:00am* 8:00am-8:45am	12:15pm-1:00pm*	2:45pm-3:30pm	6:00pm-8:00pm 9:00pm-9:45pm*
TUESDAY		12:15pm-1:00pm*	2:45pm-3:30pm	6:45pm-9:45pm (until 23 rd Sept)
WEDNESDAY	6:30am-8:00am* 8:00am-8:45am	12:15pm-1:00pm*	2:45pm-3:30pm	6:00pm-8:00pm 9:00pm-9:45pm*
THURSDAY		12:15pm-1:00pm*	2:45pm-3:30pm	6:00pm-9:45pm
FRIDAY	6:30am-8:00am* 8:00am-8:45am	12:15pm-1:00pm*	2:45pm-4:15pm 4:15pm-5:00pm (Inclusive swim)	5:00pm-8:00pm 9:00pm-9:45pm
SATURDAY	9:00am-9:45am 11:30am-12:15pm	12:15pm-1:00pm	1:00pm-3:00pm Pool Inflatable 3:30pm-4:30pm	<u>*Lane swimming available</u>
SUNDAY		12:15pm-1:00pm	1:00pm-4:45pm	

Toddler Pool **Public Swimming**

DAY	MORNING	LUNCHTIME	AFTERNOON	EVENING
MONDAY	9:15am-10:00am	12:15pm-1:00pm	2:45pm-3:30pm	6:00pm-8:00pm
TUESDAY	9:15am-10:00am	12:15pm-1:00pm	2:45pm-3:30pm	6:00pm-8:00pm
WEDNESDAY	9:15am-10:00am	12:15pm-1:00pm	2:45pm-3:30pm	6:00pm-8:00pm
THURSDAY	9:15am-10:00am	12:15pm-1:00pm	2:45pm-3:30pm	6:00pm-8:00pm
FRIDAY	9:15am-10:00am	12:15pm-1:00pm	2:45pm-4:15pm 4:15pm-5:00pm (Inclusive Swim)	6:00pm-8:00pm
SATURDAY	9:00am-9:45am 11:30am-12:15pm	12:15pm-1:00pm	1:00pm-3:00pm Pool Inflatable 3:30pm-4:30pm	
SUNDAY		12:15pm-1:00pm	1:00pm-4:45pm	

- Please note all sessions are 45 minutes
- Children under 8 must be accompanied by a responsible person aged 16 or over
- Booking not essential, however can be booked via our app Derry & Strabane Leisure