

Fitness Classes

Autumn 2026

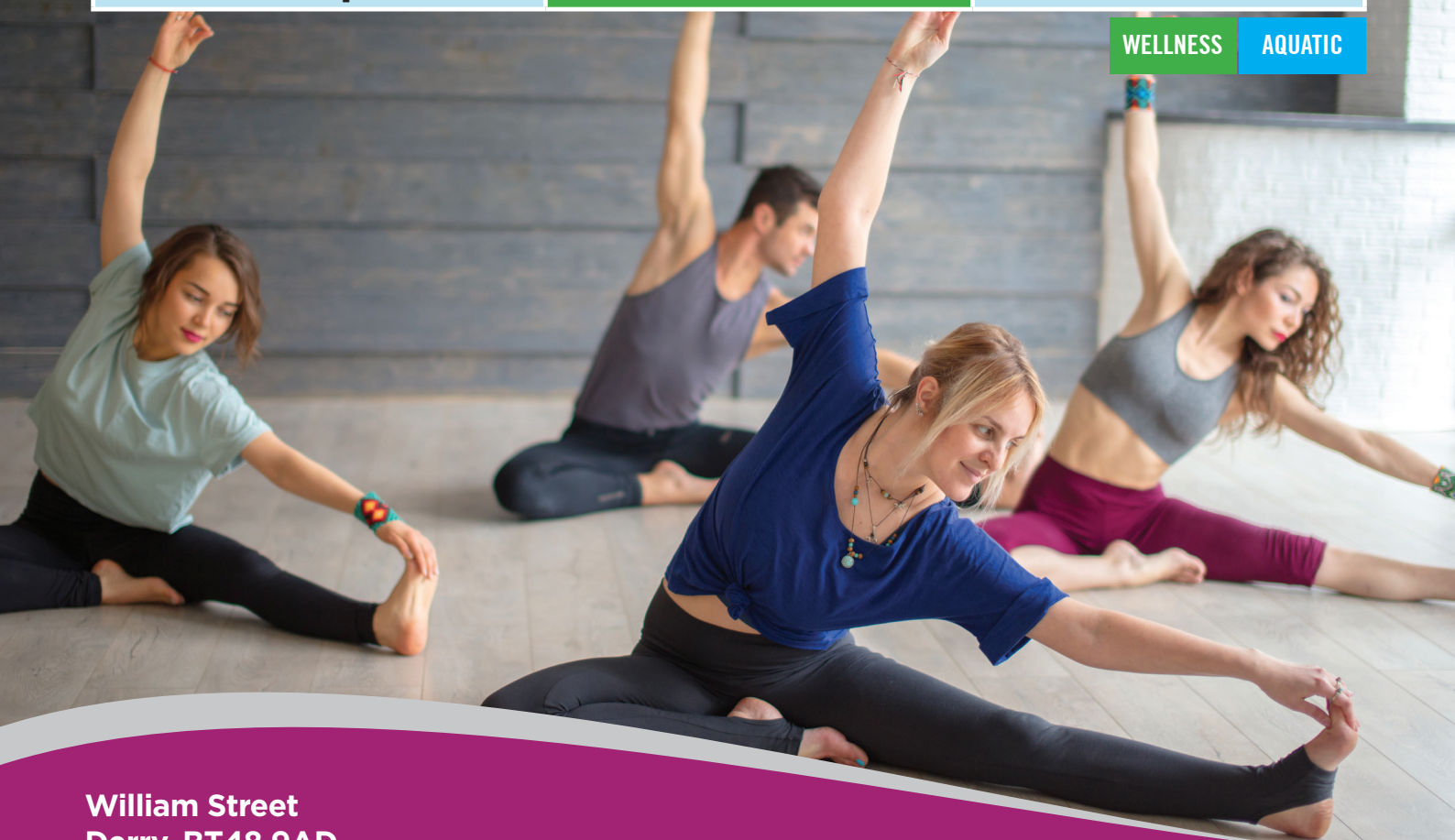


William Street
City Baths

Time	Class Name	Cost
Tuesday		
11am	Aqua	£4.00
1.30pm	Breathwork	£4.00
12.30pm	Yoga	£4.00
7pm	SwimFit	£4.00
Wednesday		
8pm	Aqua	£4.00
Thursday		
12.30pm	Yoga	£4.00
Friday		
10am	Aqua	£4.00
12.30pm	Pilates	£4.00

WELLNESS

AQUATIC



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