



Derry City & Strabane
District Council

Comhairle
Chathair Dhoire &
Cheantar an tSraitha Bain

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District Council

Brow Threading Advice

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Guidance Leaflet
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www.derrystrabane.com

What is Brow Threading?

Eyebrow threading is the process of removing hair from areas of the face using a variety of threading techniques.

Mouth Technique

Hair removal using a thread where one part of the thread is held in the mouth and the other part is looped in the hands. This technique should not be used due to the risk of infection.

Neck Technique

Hair removal using a thread where one part of the thread is held around the neck and the other part is looped in the hands. This is a substitute for the mouth technique, also known as single looped method.

Hand technique

Hair removal using a thread held and looped between both hands. Commonly used by practitioners on themselves and others. This technique is also known as self or double looped method.

Other treatments provided at Brow Bars include waxing, tweezing and tinting. Patch testing should be completed prior to treatments involving the application of wax or dye.

When providing threading services you should maintain effective health, safety and hygiene throughout the treatment and the working environment. This leaflet aims to assist you with this.

The information in this leaflet is applicable to all therapists carrying out brow threading within their businesses including standalone brow bars located within shopping centres or department stores.

This leaflet should be read in conjunction with general guidance on your health and safety duties as a self-employed person or an employer.

Treatment Area Hygiene

Maintaining a high standard of hygiene is essential.

- Ensure all surfaces in the treatment area are smooth and washable.
- Disposable couch roll should be used on client chairs/ beds and changed for each client.
- Avoid soft furnishings such as pillows and throws in the treatment area.
- Use disposable equipment where possible. Any reusable-equipment must be cleaned/disinfected between clients.
- Clean tools, equipment and thread must be stored in a clean, dry area.
- A new piece of thread must be used for each client.
- If threading more than one area a new piece of thread must be used.
- The treatment area must be cleaned and disinfected between clients.
- Clean and disinfect all surfaces, tools and equipment daily.
- Waste must be placed into a bin with a lid and emptied daily.
- Creams/lotions/sprays/wax/tinting products should be dispensed from pump or spray bottles where possible, otherwise use a clean disposable spatula to remove products from bottles/jars.

Therapist Hygiene

- Therapists' hands must be clean prior to starting the treatment.
- Ideally a wash hand basin (WHB) should be located in the treatment area. The wash hand basin should have hot & cold or warm running water, soap and paper towels for hand drying.
- If it is not reasonably practicable to have a wash hand basin located in the treatment area, hands should be washed in the nearest available WHB with warm soapy water. If the WHB is a distance from the brow bar then hands should be sanitised using alcohol hand gel when the operator returns to the treatment area.
- Please note, the use of an alcohol hand gel is not a substitute for using soap and water for hand washing.
- Therapists should wear clean clothing and a disposable apron and latex free disposable gloves.
- Nails should be kept short and clean.
- Cuts and open wounds should be covered.
- Eating and drinking should not be allowed in the treatment area.



General Health & Safety

Maintaining a high standard of hygiene is essential.

- Provide appropriate aftercare advice to clients to reduce the risk of infection.
- A suitably stocked first aid kit should be available.
- Ensure any electrical equipment is maintained in good repair.



Inspection by a Council Officer

An Environmental Health Officer from your local council may visit your Brow Bar on occasion to assess compliance with Health and Safety law.

This Officer may arrive unannounced to review the following:

- **Condition and cleanliness of walls, floors, treatment chair/bed, work surfaces, storage cupboards, other furniture.**
- **Cleansing and sterilization of equipment and instruments used during treatments.**
- **Therapists' personal hygiene.**
- **Hand washing facilities/arrangements.**
- **Treatments provided and techniques used.**
- **Dyes/wax and any other beauty products used at the premises.**
- **Provision of disposable aprons and gloves.**
- **Training certification.**
- **Heating, lighting and ventilation in the treatment area.**
- **Aftercare advice to clients.**
- **Other general health and safety arrangements.**

The Officer may give you advice on any improvements that can be made. The Officer can also take action if they find you are breaking any health and safety laws.

Helpful Guidance

- <https://www.hse.gov.uk/biosafety/blood-borne-viruses/beauty-industry.htm>
- <https://www.hse.gov.uk/skin/professional/causes/agentstable1.htm>
- <https://www.hse.gov.uk/firstaid/>

Contact Us

**Health and Safety and
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This information is available upon request in a number of formats including large print, Braille, PDF, audio formats (CD, MP3, DAISY) and other minority languages.

For further information on alternative formats please contact

tel: 028 71 253 253 or

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www.derrystrabane.com