

**Derry City & Strabane District Council
Environmental Health Service**

Health and Safety For Your Business



Slips, Trips and Falls from Height

The eleven Councils and the Health and Safety Executive for Northern Ireland (HSENI) have partnered to deliver a Health and Safety awareness raising initiative focusing on slips, trips and falls from height.

Slips, trips and falls from height continue to cause accidents, injuries and fatalities in many types of workplaces in Northern Ireland. Between 2011 and 2016 falls were the biggest single cause of workplace fatalities in Northern Ireland. Twenty six people died as a result of work related falls during this period; this represents one third of the total fatalities.

The majority of work-related slip, trip and fall accidents are preventable by adopting simple steps to manage risks in the workplace.

This information is available upon request in a number of formats including large print, Braille, PDF, audio formats (CD, MP3, DAISY) and minority languages. Telephone: 02871253253 Text phone: 02871376747 or email: equality@derrystrabane.com



Derry City & Strabane
District Council

Comhairle
**Chathair Dhoire &
Cheantar an tSraitha B  in**

Derry Cittie & Str  bane
Destrick Cooncil

You should begin with a Risk Assessment to consider what risks in your workplace may lead to slip or trip or fall injuries.

You should then put effective control measures into place in your workplace, to prevent accidents associated with slips, trips and falls from height.

These may include:

For slips and trips

- Stop floors becoming contaminated;
- Use the right cleaning methods;
- Get the right footwear;
- Think ahead and organise your work (e.g. avoid rushing, overcrowding and trailing cables etc...).

For work at height

- Where possible, avoid working at height in the first place by carrying out the job from ground level;
- Use the right equipment;
- Be very careful if you have to carry out work at height (e.g. cleaning activities).

Further information is available from:

www.hseni.gov.uk/articles/slips-and-trips

www.hse.gov.uk/work-at-height

www.hse.gov.uk/slips

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www.hse.gov.uk

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